

Course 1

*Length 11.0km, 280m climb, 32 controls***M21 Bk**

1	Nathan Lawson	SHUOC	M21	(1)	75:41	6.9	min/km
2	Joe Woodley	AIRE	M21	(2)	76:10	6.9	
3	Richard Robinson (M21)	NOC	Bk	(1)	79:14	7.2	
4	Andrew Preston (M40)	SYO	M21	(3)	84:39	7.7	
5	Joe Thomas (M21)	SHUOC	Bk	(2)	92:34	8.4	
6	Paul Pruzina	LUUOC	M21	(4)	93:37	8.5	
7	Tim Street (M21)	SYO	Bk	(3)	94:05	8.6	
8	Thomas Entwistle	SYO	M21	(5)	98:01	8.9	
9	Chris Williamson	SYO	M21	(6)	107:34	9.8	
10	Christopher MacKenzie	CLOK	M21	(7)	108:01	9.8	
11	Mark Burley	MDOC	M21	(8)	111:53	10.2	
12	Justin Stafford (M35)	NCN	M21	(9)	119:54	10.9	
13	Sebastian Pugh (M21)	SYO	Bk	(4)	120:47	11.0	
14	Vicky Bailey (W21)	EBOR	Bk	(5)	132:29	12.0	
15	Daniel Sutcliffe	EPOC	M21	(10)	146:29	13.3	
mp	Joe Taunton	NOC	M21		94:18		Missing no 17
	Duncan Harris (M50)	DEE	Bk		rtd		Missing nos 25-31
	Jonathan Luke Gelston (M21)	LVO	Bk		dnf		No finish time

Course 2

*Length 9.4km, 200m climb, 27 controls***M35 M40 Br**

1	Tim Patterson	AIRE	M35	(1)	80:00	8.5	min/km
2	David Newton	DVO	M40	(1)	86:09	9.2	
3	Andrew Stuart (M35)	DVO	Br	(1)	90:42	9.6	
4	Matthew Tinker	EPOC	M40	(2)	93:04	9.9	
5	Will Drewe	CLARO	M35	(2)	94:47	10.1	
6	Lucy Wiegand (W50)	SYO	M40	(3)	98:11	10.4	
7	Tim Wiegand (M50)	SYO	M40	(4)	101:35	10.8	
8	James Meredith	EBOR	M40	(5)	101:51	10.8	
9	Kristian Groom	SYO	M40	(6)	107:10	11.4	
10	Kevin Francis	EBOR	M35	(3)	110:23	11.7	
11	David Dunn (M50)	WCH	Br	(2)	112:59	12.0	
12	Matthew Green (M21)	NOC	Br	(3)	116:46	12.4	
13	Mark Bryant (M21)	SYO	Br	(4)	132:31	14.1	

Course 3

*Length 7.6km, 140m climb, 22 controls***M18 M20 M45 M50 W21 SBr**

1	Quentin Harding (M55)	CLARO	M50	(1)	61:03	8.0	min/km
2	Joseph Goodwin	SHUOC	M20	(1)	62:22	8.2	
3	Mary Fleming	SYO	W21	(1)	63:14	8.3	
4	Simon Martland	EPOC	M50	(2)	65:50	8.7	
5	Matthew Hall	AIRE	M18	(1)	66:52	8.8	
6	Dai Bedwell	DVO	M50	(3)	69:23	9.1	

8	Benjamin Stevens	DEVON	M18	(2)	71:20	9.4
9	Philip Johnston-Davis (M45)	RAFO	SBr	(1)	74:27	9.8
10	David Bowman	AIRE	M45	(2)	77:11	10.2
11	Jenny Johnson (W40)	SYO	W21	(2)	78:12	10.3
12	Simon Hodgson	SYO	M45	(3)	81:08	10.7
13	Liam Corner	MDOC	M45	(4)	85:33	11.3
14	Amy Brown	EBOR	W21	(3)	88:29	11.6
15	Nigel Owens	SYO	M50	(4)	88:38	11.7
16	Justin Williams	LOG	M50	(5)	88:41	11.7
17	Thomas Snow	SHUOC	M20	(2)	92:48	12.2
18	Peter Gorvett (M70)	SYO	SBr	(2)	94:03	12.4
19	Andrew McRoyall (M50)	BOF	SBr	(3)	95:34	12.6
20	Ruth Beresford	MDOC	W21	(4)	107:58	14.2
21	Lewis Ashton (M50)	SYO	SBr	(4)	116:03	15.3
22	Adrian Moseley	RAFO	M50	(6)	147:32	19.4
	Cerys Jones (W21)	IND	SBr		rtd	Missing nos 17-21
	Samuel Doyle	SYO	M18		rtd	Missing nos 13-22
	Stephen Reid (M40)	SYO	SBr		rtd	Missing nos 9,13-22

Course 4

Length 6.5km, 160m climb, 24 controls

M16 M55 M60 W35 W40 Blu

1	Geoff Ellis (M40)	RAFO	Blu	(1)	60:57	9.4	min/km
2	Phil Scarf	EPOC	M55	(1)	61:13	9.4	
3	Matthew Morris	SYO	M16	(1)	63:55	9.8	
4	Charles Nell (M21)	RAFO	Blu	(2)	65:15	10.0	
5	Sam Crawshaw	SYO	M16	(2)	65:46	10.1	
6	Jonathan Emberton	EPOC	M55	(2)	66:35	10.2	
7	Steve Webb	AIRE	M55	(3)	67:39	10.4	
8	David Williams	AIRE	M55	(4)	67:59	10.5	
9	Mike Pedley	EPOC	M55	(5)	68:10	10.5	
10	James Cunningham (M21)	RAFO	Blu	(3)	68:46	10.6	
11	Dean Field (M55)	HALO	Blu	(4)	68:57	10.6	
12	Richard Vasey (M45)	LVO	Blu	(5)	72:11	11.1	
13	Steve Dempsey	SYO	M55	(6)	72:17	11.1	
14	Olin Davies	SLOW	M16	(3)	72:18	11.1	
15	Ben Lonsdale (M35)	RAFO	Blu	(6)	72:21	11.1	
16	Thomas Jarvis (M20)	RAFO	Blu	(7)	73:52	11.4	
17	Michael Hood (M60)	SELOC	Blu	(8)	76:03	11.7	
18	Dave Chaffey	DVO	M55	(7)	76:26	11.8	
19	Mike Smithard (M70)	DEE	Blu	(9)	78:03	12.0	
20	David McCann (M55)	MDOC	Blu	(10)	80:43	12.4	
21	Wayne Byrne (M35)	RAFO	Blu	(11)	81:26	12.5	
22	Toby Williams	LOG	M16	(4)	82:35	12.7	
23	Ian Marshall	AIRE	M55	(8)	82:50	12.7	
24	Peter Jones (M60)	AIRE	Blu	(12)	84:28	13.0	
25	Liz Drewe	CLARO	W35	(1)	86:18	13.3	
26	Dave Brown	EBOR	M60	(1)	86:48	13.4	

27	Anne Murgatroyd	AIRE	W35	(2)	88:18	13.6
28	Bruce Woodley	AIRE	M55	(9)	91:19	14.0
29	James Bedwell (M18)	DVO	M60	(2)	92:44	14.3
30	John Birtwistle	CLARO	M60	(3)	95:13	14.6
31	Paul Hudson (M55)	NOC	Blu	(13)	97:58	15.1
32	Simon Brook	EBOR	M60	(4)	100:09	15.4
33	Joe Owens	SYO	M16	(5)	100:18	15.4
34	Peter Avis	AIRE	M55	(10)	103:04	15.9
35	Peter Harris	HALO	M60	(5)	107:00	16.5
36	Helen Chan	HALO	W40	(1)	116:20	17.9
37	David Sissons (M45)	NOC	Blu	(14)	120:39	18.6
38	Paul Norman	SYO	M55	(11)	123:15	19.0
39	Nigel Clemens	SLOW	M55	(12)	126:29	19.5
40	John Lebeter	CLARO	M60	(6)	133:57	20.6
41	Peter Hayes	MDOC	M60	(7)	141:15	21.7
mp	Steve Schofield	NOC	M55		85:32	Missing nos 22-23
mp	Chris Virgo (M65)	DEVON	Blu		99:18	Missing no 15
	William Martland	EPOC	M16		rtd	Missing nos 16,19-23
	Peter Haines (M65)	AIRE	M60		rtd	Missing nos 1,3,6,8-12,14-15,1
	Mick Hyde	PFO	M55		rtd	Missing nos 19-24
	Richard Burnett	COBOC	M60		dnf	No finish time
	Nicholas Lightfoot	SYO	M55		dnf	No finish time

Course 5

Length 5.4km, 150m climb, 15 controls

M65 W18 W20 W45 W50 SBlu

1	Steve Whitehead	EBOR	M65	(1)	48:52	9.0	min/km
2	Amanda Crawshaw	SYO	W45	(1)	54:40	10.1	
3	Andy Sykes (M50)	DVO	SBlu	(1)	56:01	10.4	
4	Emma Harrison	EPOC	W45	(2)	56:25	10.4	
5	Ruth Ker	CLARO	W50	(1)	58:03	10.8	
6	Richard Payne	EPOC	M65	(2)	59:20	11.0	
7	Natasha Conway	AIRE	W45	(3)	59:43	11.1	
8	Laura Harrison	SHUOC	W18	(1)	60:38	11.2	
9	Richard Hill (M50)	DEE	SBlu	(2)	61:33	11.4	
10	Paul Johnson	SYO	M65	(3)	61:40	11.4	
11	Robyn Stanyon	SYO	W50	(2)	63:02	11.7	
12	Julian Lailey (M70)	SROC	SBlu	(3)	64:48	12.0	
13	Sal Chaffey	DVO	W50	(3)	65:46	12.2	
14	Tony Davies (M70)	BOF	SBlu	(4)	66:39	12.3	
15	Roger Lott	AIRE	M65	(4)	67:34	12.5	
16	Jenny Lightfoot	SYO	W45	(4)	69:40	12.9	
17	Ian Couch (M70)	EPOC	SBlu	(5)	70:17	13.0	
18	Jane McCann (W50)	MDOC	SBlu	(6)	72:05	13.3	
19	Sharon Bowes	CLARO	W50	(4)	73:06	13.5	
20	Howard Sawyer	AIRE	M65	(5)	75:26	14.0	
21	Gerry Spalton (M70)	OD	SBlu	(7)	76:09	14.1	
22	Pauline Tryner	SYO	W45	(5)	76:32	14.2	

23	Clive Wilson (M65)	SYO	SBlu	(8)	77:15	14.3	
24	Adrian Harris (M50)	MDOC	SBlu	(9)	77:16	14.3	
25	Martin Wheeler (M65)	LOG	SBlu	(10)	82:14	15.2	
26	Bronwen Doyle	SYO	W50	(5)	83:08	15.4	
27	Alex Forrest (M50)	SYO	SBlu	(11)	83:27	15.5	
28	Ken Patterson (M65)	AIRE	SBlu	(12)	85:25	15.8	
29	Michael Nell (M65)	RAFO	SBlu	(13)	87:13	16.2	
30	Allen Barnes (M75)	CLARO	SBlu	(14)	90:46	16.8	
31	Catherine Hill	DEE	W50	(6)	95:35	17.7	
32	Helen Hyde	PFO	W50	(7)	98:56	18.3	
33	Brian Mellor (M75)	EPOC	SBlu	(15)	101:15	18.8	
34	Amanda Cooper	EBOR	W50	(8)	102:25	19.0	
35	Helen Martland	EPOC	W50	(9)	102:43	19.0	
mp	Paul Wood (M55)	AIRE	SBlu		62:18		Missing no 14
mp	Eddie Speak	MDOC	M65		69:12		Missing no 14
mp	David Rose	PFO	M65		88:01		Missing nos 14-15
mp	Ricardo Fernandes (M45)	WCH	SBlu		110:43		Missing nos 14-15

Course 6

Length 4.7km, 110m climb, 17 controls

M70 W16 W55 W60 G

1	David Jolly (M45)	RAFO	G	(1)	45:12	9.6	min/km
2	David Wilson (M40)	RAFO	G	(2)	48:15	10.3	
3	Tony Thornley	AIRE	M70	(1)	49:18	10.5	
4	John Liston (M45)	RAFO	G	(3)	50:10	10.7	
5	Imogen Pieters (W14)	SYO	W16	(1)	54:35	11.6	
6	Marshall Kinnear (M40)	RAFO	G	(4)	55:49	11.9	
7	Martin Green (M65)	MDOC	G	(5)	57:05	12.1	
8	John Broadhead (M60)	WRE	G	(6)	57:07	12.2	
9	Joyce Marshall	AIRE	W55	(1)	57:41	12.3	
10	Helena Crutchley	HALO	W55	(2)	57:54	12.3	
11	Keith MacDermott	EBOR	M70	(2)	57:55	12.3	
12	Alexandra Crawshaw (W14)	SYO	W16	(2)	59:16	12.6	
13	Julie Couch	EPOC	W60	(1)	60:36	12.9	
14	David Day	CLARO	M70	(3)	61:35	13.1	
15	Andrew Middleton	DVO	M70	(4)	61:39	13.1	
16	Lucy Nell (W21)	RAFO	G	(7)	61:40	13.1	
17	Jackie Scarf	EPOC	W55	(3)	61:50	13.2	
18	Lindsey King	AIRE	W55	(4)	63:11	13.4	
19	Steve Green (M60)	NOC	G	(8)	67:11	14.3	
20	Keith Sykes	EPOC	M70	(5)	67:55	14.5	
21	Graham Todd (M65)	EBOR	G	(9)	68:04	14.5	
22	Claudine Hodgson	SYO	W16	(3)	69:00	14.7	
23	Roseanne Field (W55)	HALO	G	(10)	69:18	14.7	
24	Jason Dunning (M40)	WAOC	G	(11)	69:19	14.7	
25	Chris Burden	AIRE	M70	(6)	73:27	15.6	
26	Judith Holt (W65)	DVO	G	(12)	73:35	15.7	
27	Malcolm Spencer (M60)	DVO	G	(13)	74:19	15.8	

28	Louise Preston (W40)	SYO	G	(14)	75:08	16.0	
29	Mike Cope	CLARO	M70	(7)	78:48	16.8	
30	Colin Best	SYO	M70	(8)	79:04	16.8	
31	Peter Guillaume (M70)	SYO	G	(15)	79:54	17.0	
32	Keith Streb (M65)	NOC	G	(16)	81:35	17.4	
33	Karen Williams (W50)	LOG	G	(17)	86:21	18.4	
34	Joanne Nell (W55)	RAFO	G	(18)	87:07	18.5	
35	Des Fletcher (M55)	NWOC	G	(19)	88:16	18.8	
36	Stephen Round (M65)	SELOC	G	(20)	88:35	18.8	
37	Paul Simmons (M65)	HALO	G	(21)	89:12	19.0	
38	Trevor Roberts	MDOC	M70	(9)	89:18	19.0	
39	Jane Burgess (W60)	DVO	G	(22)	89:25	19.0	
40	Jacky Dakin	SYO	W55	(5)	90:10	19.2	
41	Viv Macdonald (W65)	DVO	G	(23)	90:48	19.3	
42	Kath Speak	MDOC	W60	(2)	91:46	19.5	
43	Gill Harrington	SYO	W60	(3)	92:26	19.7	
44	Susan Birtwistle	CLARO	W60	(4)	94:54	20.2	
45	Miriam Rosen (W70)	SROC	G	(24)	96:32	20.5	
46	Vicky Todd (W35)	EBOR	G	(25)	96:35	20.5	
47	Jim Saville (M60)	LEI	G	(26)	100:10	21.3	
48	Andrew Payne (M65)	DEE	G	(27)	100:56	21.5	
49	Karen Wilson (W35)	RAFO	G	(28)	101:44	21.6	
50	Jackie Barnes (W70)	CLARO	G	(29)	104:46	22.3	
51	Stephen Beresford (M70)	MDOC	G	(30)	109:14	23.2	
52	Lizzi Morrall (W21)	RAFO	G	(31)	111:10	23.7	
53=	Andrew Cairns (M21)	SN	G	(32=)	112:34	24.0	
53=	Paola Casas (W21)	IND	G	(32=)	112:34	24.0	
55	Anne Kayley-Burgess (W50)	DVO	G	(34)	113:19	24.1	
56	Jean Payne (W65)	DEE	G	(35)	114:30	24.4	
57	Neil Croasdell	EPOC	M70	(10)	121:41	25.9	
58	James Collings (M40)	RAFO	G	(36)	138:51	29.5	
59	Pam Brown	EBOR	W60	(5)	140:11	29.8	
60	John Purkis (M65)	SYO	G	(37)	148:00	31.5	
mp	Karen Clark	EBOR	W60		78:50		Missing no 16
mp	Shirley Wood (W60)	AIRE	G		91:40		Missing no 6
mp	Chris Kirkham	MDOC	M70		103:55		Missing nos 15-16
mp	Linda Cairns (W60)	SYO	G		115:17		Missing no 9
	Ranald Macdonald (M65)	DVO	G		rtd		Missing nos 9-17
	Carly Collings (W21)	RAFO	G		rtd		Missing nos 14-17
	Linda Hayles (W65)	EPOC	W60		rtd		Missing nos 7,9-17
	Marie Roberts	MDOC	W60		rtd		Missing nos 14-17
	Ming Pui Kan (W21)		G		dnf		No finish time

Course 7

Length 3.7km, 90m climb, 16 controls

M75 M80 W65 W70 SG

1	Susan Stevens	AIRE	W65	(1)	63:59	17.3	min/km
2	Robert Verity	DEE	M75	(1)	64:35	17.5	
3	Judy Johnson	SYO	W65	(2)	68:43	18.6	
4	Tom Crowther	AIRE	M80	(1)	70:49	19.1	
5	John Butler	HALO	M75	(2)	72:16	19.5	
6	Kate Bryant	MDOC	W65	(3)	77:45	21.0	
7	Christine Middleton	DVO	W70	(1)	79:06	21.4	
8	David Cooke (M70)	NOC	SG	(1)	80:15	21.7	
9	Hayley Fox (W45)	LOG	SG	(2)	88:20	23.9	
10	Barbara Verity	DEE	W70	(2)	88:55	24.0	
11	Sheila Smith	EBOR	W70	(3)	89:11	24.1	
12	Jim Mitchell	PFO	M75	(3)	91:55	24.8	
13	Jan Ellis	MDOC	W70	(4)	94:46	25.6	
14	Jackie Page	EPOC	W65	(4)	100:43	27.2	
15	Karen Bedwell (W50)	DVO	W65	(5)	106:40	28.8	
16	Julie Brook	MDOC	W70	(5)	107:09	29.0	
17	Mary Carrick	HALO	W70	(6)	118:40	32.1	
18	Jean Lochhead	EPOC	W70	(7)	126:14	34.1	
19	Pauline Wilson (W65)	SYO	SG	(3)	145:25	39.3	
mp	Emily Pieters (W45)	SYO	SG		65:48		Missing nos 14-15
mp	David Mawdsley	MDOC	M75		84:59		Missing no 13
mp	Thelma Spalton (W70)	OD	SG		100:43		Missing nos 13-15
mp	Michael Wood	EPOC	M75		137:28		Missing nos 13-15
mp	Sue Bicknell (W75)	OD	SG		142:32		Missing no 15
	Paul Jackson	EPOC	M75		rtd		Missing nos 5,13-16
	Roy Lindsell	EPOC	M75		dnf		No finish time
	Jane Payne	EPOC	W65		dns		No start time

Course 8

Length 2.9km, 75m climb, 10 controls

W75 W80 VSG

1	Catherine Odell	EBOR	W80	(1)	113:45	39.2	min/km
2	Sue Birkinshaw	MDOC	W80	(2)	137:02	47.3	
	John Cooke (M70)	DVO	VSG		rtd		Missing nos 4-10
	Joy Mellor (W70)	EPOC	VSG		rtd		Missing nos 3-7
	Phillip Broadhead (M90)	WRE	VSG		rtd		Missing nos 4-10
	Alan Heron (M85)	SELOC	VSG		rtd		Missing nos 6-9

Course 9

Length 3.9km, 110m climb, 9 controls

M14 W14 LG

1	Freya Tryner (W12)	SYO	W14	(1)	36:20	9.3	min/km
2	Ciara Keen	SYO	W14	(2)	39:14	10.1	
3	Sam Todd	SYO	M14	(1)	40:44	10.4	
4	Robbie Lightfoot (M12)	SYO	M14	(2)	43:15	11.1	

6	Susan Guy (W40)	SYO	LG	(1)	69:37	17.9	
	Alexandra Garnett	SYO	W14		rtd		Missing nos 4-9
	Leni Scott (M14)	IND	LG		rtd		Missing nos 4-9

Course 10

Length 2.9km, 70m climb, 10 controls

M12 W12 O

1	John Doyle	SYO	M12	(1)	35:32	12.3	min/km
2	Joseph Guy	SYO	M12	(2)	36:23	12.5	
3	Isaac Oliver	SYO	M12	(3)	39:34	13.6	
4	Charlotte Chapman (W10)	SYO	W12	(1)	49:57	17.2	
5	Isabelle Groom	SYO	W12	(2)	56:35	19.5	
6	Patricia Simmons (W65)	HALO	O	(1)	109:10	37.6	
mp	Sue Levinson (W65)	EPOC	O		113:29		Missing no 7
	James Bryant	SYO	M12		rtd		Missing nos 1,4-9
	Margaux Hodgson	SYO	W12		rtd		No punches
	Alice Pieters (W10)	SYO	W12		rtd		Missing nos 5-8
	Susan Brant (W70)	EPOC	O		rtd		Missing nos 5-10

Course 11

Length 2.3km, 65m climb, 12 controls

M10 W10 Y

1	William Preston	SYO	M10	(1)	19:35	8.5	min/km
2	Maxwell Groom	SYO	M10	(2)	22:34	9.8	
3	Jack Beavers (M12)	AIRE	Y	(1)	27:21	11.9	
4	Abigail Howsam		W10	(1)	28:50	12.5	
5	Hannah Chapman	SYO	W10	(2)	29:27	12.8	
6	Stanley Preston	SYO	M10	(3)	29:57	13.0	
7	Sophie Howsam		W10	(3)	30:00	13.0	
8	Freddie Guy	SYO	M10	(4)	33:28	14.6	
9	Charlotte Beavers	AIRE	W10	(4)	47:54	20.8	
10	Isobel Owens (W12)	SYO	Y	(2)	63:38	27.7	
11	Diane Wallace (W60)	SYO	Y	(3)	112:02	48.7	

Course 12

Length 2.0km, 55m climb, 9 controls

W

1	Alex Johnson (M10)		W	(1)	25:51	12.9	min/km
2	Rebekah Dunning (W10)	WAOC	W	(2)	39:54	20.0	
3	Martha Preston (W10)	SYO	W	(3)	40:16	20.1	
4	Cynthia Thewlis (W70)	EPOC	W	(4)	44:29	22.2	
5	Louis Bryant (M10)	SYO	W	(5)	47:34	23.8	

Course 13

Length 5.4km, 175m climb, 15 controls

R

1	Becky Ball (W35)	SYO	R	(1)	86:11	16.0	min/km
2	Alice Clemens (W21)	IND	R	(2)	89:17	16.5	
mp	Catherine pamplin		R		151:22		Missing no 13
mp	Vanessa Howsam (W45)		R		176:45		Missing no 14
	Wendy Groom (W40)	IND	R		rtd		Missing nos 6-15
	Lewis Clarke (M21)		R		rtd		Missing nos 11-15

Course 14

Length 3.5km, 100m climb, 12 controls

SGN

1	Peter Jones (M60)	AIRE	SGN	(1)	67:23	19.3	min/km
2	Ann Armistead (W70)	DVO	SGN	(2)	80:12	22.9	
3	Joanna Emberton (W55)	EPOC	SGN	(3)	89:25	25.5	
4	Ray Stuart (M70)		SGN	(4)	96:24	27.5	
5	Fred Ross (M70)	EPOC	SGN	(5)	102:12	29.2	
mp	Helen Finlayson (W70)	DVO	SGN		87:51		Missing no 11
mp	Richard Clark (M70)	EBOR	SGN		96:52		Missing nos 9-11
	Janet Todd (W65)	EBOR	SGN		rtd		Missing nos 7-11
	Lynden Hartmann (W60)	SYO	SGN		dnf		No finish time